

# Juan Carlos Silas Hernández

Bodø, Norge

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## Work Experience:

**Gatsby, Bodø** 2022-present  
Been in charge of the bar, preparation of drinks, supplying of bar ingredients, and low-level management and operating tasks.

**Hundholmen, Bodø** Summer-Autumn 2022  
Bartending and waiter activities.

**Samfunnet i Bodø** 2021-2022  
Been in charge at the two bars, with the preparation of drinks and bar operation tasks.

**MaízVille, Guadalajara** 02/2021-06/2021  
Worked with the preparation and serving of different corn-based snacks and desserts, as well as operating tasks.

## Profile:

I consider myself a very versatile person, able to adapt with ease to the different rhythms and circumstances, always pursuing perfection and efficiency through passion and dedication. I like challenging myself, and I feel confident with pressure, trying to solve problems with creativity and hard work.

## Education:

**Nord Universitet, BSc in Biology** 2021-present  
**Universidad de Guadalajara (Mexico), Biology** 2019-2021  
**Colegio Cervantes Costa Rica Highschool, Guadalajara, Mexico.**  
**Highschool Diploma** 2016-2019

## Relevant Abilities and Experience:

Fieldwork and lab work experience  
Scientific and Academic writing  
Scientific and Statistics Software Experience (R, Minitab, Statgraphics)  
General Software Experience (Adobe and Microsoft packages)

## Personal Achievements:

**Velferdsansvarlig at Nugla - Fakultet for Biovitenskap og Akvakultur** 2022-2023  
Worked at Parkenfestivalen 2022  
Alternate Counselor at University General Council, Student Representative at Campus CUCBA, Universidad de Guadalajara 2020-2021  
Vice President of the board of the Faculty of Biology at Universidad de Guadalajara 2020-2021  
Participant as Senator at 20th Model United Nations Forum UNITESO 2020  
Part of the Organizing Committee of EDEPREM 2019  
Highschool Sports Tournament 2019  
Winner of Debate Tournament Interprepas 2019, organized by Mar Adentro de México A.C. 2019  
Speaker and Winner of the Best Lecture at the EQUIPREM Conference for Highschools 2019  
Co Founder, Editor and Writer in Réquiem Costa student journal 2018  
Volunteer at Techo 2018

## Key Skills:

Versatile  
Proactive  
Ease to Learn  
Ease to adapt  
Creativity  
Will to discover  
Will to learn  
Effective Communication  
Challenge management  
Critical Thinking  
Team working  
Management of Pressure  
Customer service experience  
Leadership  
Adaptability

## Languages:

Spanish [native level]  
English [proficient level]  
Norwegian [A2+ learning]

## Interests:

Science  
Sports (football, motorsport, cycling, swimming, box, ski, tennis) and gym  
Arts  
Gastronomy and drinks  
Music (have played drums and trumpet in music bands)  
Politics  
Philosophy  
History  
Reading  
Outdoors  
Architecture and Design